

First Saturday Devotion to the Immaculate Heart of Mary

FIRST SATURDAY DEVOTION

During her July apparition at Fatima, Our Lady said to Lucia, **“I shall come to ask... that on the First Saturday of every month, Communions of reparation be made in atonement for the sins of the world."**

Appearing with the Queen of Heaven in that apparition was the Infant Jesus, Who said to Lucia: **"Have pity on the Heart of your Most Holy Mother. It is covered with thorns with which ungrateful men pierce it at every moment, and there is no one to remove them with an act of reparation."**

Our Lady then spoke: **"See, my daughter, my Heart encircled by thorns with which ungrateful men pierce it at every moment by their blasphemies and ingratitude. Do you, at least, strive to console me. Tell them that I promise to assist at the hour of death with the graces necessary for salvation all those who, in order to make reparation to me, on the First Saturday of five successive months, go to confession, receive Holy Communion, say five decades of the Rosary, and keep me company for a quarter of an hour, meditating on the fifteen mysteries of the Rosary."**

ACT OF CONSECRATION TO THE IMMACULATE HEART OF MARY

O Immaculate Heart of Mary, Queen of Heaven and Earth, and tender Mother of men and women, in accordance with your ardent wish made known at Fatima, I consecrate to Your Immaculate Heart myself, my brothers and sisters, my country and the whole human race.

Reign over us, Most Holy Mother of God, and teach us how to make the Heart of Your Son, Our Lord Jesus Christ reign and triumph in us even as It has reigned and triumphed in You.

Reign over us, Most Blessed Virgin, that we may be Yours in prosperity and in adversity, in joy and in sorrow, in health and in sickness, in life and in death. O most compassionate Heart of Mary, Queen of Heaven, watch over our minds and hearts and preserve them from the impurity which You lament so sorrowfully at Fatima.

Assist us in imitating You in all things, especially purity. Help us to call down upon our country and upon the whole world the peace of God in justice and charity.

Therefore, Most Gracious Virgin and Mother, I hereby promise to imitate Your virtues by the practice of a true Christian life without regard to human respect. I resolve to

receive Holy Communion regularly and to offer to You five decades of the Rosary each day, together with my sacrifices, in the spirit of reparation and penance. Amen.

PRAYERS FOR ADORATION IN SILENCE

THE PARDON PRAYER

The angel who appeared to the children called himself the Angel of Peace and the Angel of Portugal. He taught them the following prayer:



My God, I believe, I adore,
I hope and I love Thee!

I ask pardon for those
who do not believe,
do not adore, do not hope
and do not love Thee.

THE ANGEL PRAYER

On one occasion, the three children saw the angel prostrate before a host and chalice that hung in the air. Worshiping the Eucharist, the angel prayed.

Most Holy Trinity - Father, Son and Holy Spirit - I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges, and indifferences whereby He is offended. And through the infinite merits of His Most Sacred Heart and the Immaculate Heart of Mary, I beg of Thee the conversion of poor sinners.

THE EUCHARISTIC PRAYER

During the first apparition of Our Lady of Fatima, the children found themselves "moved by an interior impulse," as Lucia later explained, to say the following prayer together.

Most Holy Trinity, I adore Thee!
My God, my God, I love Thee in the Most Blessed Sacrament.

THE SACRIFICE PRAYER

The Blessed Mother taught the children to offer all their personal sacrifices to God by praying,

Oh my Jesus, I offer this for love of Thee, for the conversion of sinners, and in reparation for the sins committed against the Immaculate Heart of Mary.

OH IMMACULATE HEART, DELIVER US!

Extract of the prayer of Consecration to the Immaculate Heart that St. John Paul II made on March 25, 1984 before the image of Our Lady of Fatima brought from Cova da Iria, Portugal.



Immaculate Heart!
Help us to conquer the menace of evil, which so easily takes root
in the hearts of the people of today,
and whose immeasurable effects already weigh down upon our modern world
and seem to block the paths towards the future!

From famine and war, deliver us.
From nuclear war, from incalculable self-destruction, from every kind of war, deliver us.
From sins against the life of man from its very beginning, deliver us.
From hatred and from the demeaning of the dignity of the children of God, deliver us.
From every kind of injustice in the life of society, both national and international, deliver us.
From readiness to trample on the commandments of God, deliver us.
From attempts to stifle in human hearts the very truth of God, deliver us.
From the loss of awareness of good and evil, deliver us.
From sins against the Holy Spirit, deliver us, deliver us.

Accept, O Mother of Christ,
this cry laden with the sufferings of all individual human beings, laden with the sufferings of whole societies.

Help us with the power of the Holy Spirit to conquer all sin:
individual sin and the "sin of the world,"
sin in all its manifestations.

Let there be revealed, once more, in the history of the world the infinite saving power of the Redemption:
the power of merciful Love!

May it put a stop to evil!
May it transform consciences!
May your Immaculate Heart reveal for all the light of Hope!

Amen.